

# O U T O F O F F I C E N Y

## TRAVEL

### Stay Well While Traveling in These Hotels

For most of us, vacation = time to indulge, and why not? Half the fun of going somewhere new is exploring the food scene and eating like locals (aka eating like the [Insider Food](#) video you saw on Facebook). If vacation also means you throw your workout plan out the window, we're completely on board with that. But if you prefer to burn off calories as you consume them and maintain your usual zen state of mind, we found hotels around the world with awesome wellness programming to keep you on track.

#### The Envoy Hotel Boston

Sometimes exploring a city's fitness scene is just as fun as exploring the food scene. The Envoy Hotel has a Wellness Concierge to help find the best boutique fitness studio for the type of workout you're in the mood for. In the summer the hotel also hosts complimentary rooftop yoga classes so you can get your zen on while gazing at the Boston Harbor.